

Global Progress in Patient Safety and Prevention of Harmful Medication Errors



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A History of Errors

hospital pharmacy, vol. 10, no. 3, 1975

Medication error reports

Compiled by Michael R. Cohen,
Assistant Editor

Error 1

An order was written, "4 U Lente Insulin." Because of poor handwriting, the U was mistaken for an "O." The patient received 40 units of Lente Insulin.

The abbreviation "U" should not be used; the word units should be spelled out.



60 Regular INSULIN NOW

100U Even typed can look like a zero



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Overdose death of cancer patient rocks Mass. hospital

By LAWRENCE K. ALTMAN
Of The New York Times

Two patients receiving experimental treatment for advanced breast cancer at one of the country's most prestigious cancer hospitals were given massive overdoses of two chemotherapy drugs. One patient died, and the other received permanent heart damage.

The incidents occurred late last fall at Dana-Farber Cancer Institute in Boston, a Harvard teaching hospital. The patient who died was Betsy A. Lehman, an award-winning health columnist for the Boston Globe. The news of the mishap, detailed yesterday in an article published in the Globe, was all the more unsettling because Lehman, as a health reporter, was presumably knowledgeable about her treatment and would have chosen her hospital with care. Lehman, who was 39, died on Dec. 3 at the hospital.

Doctors apparently refused to head her warnings that some

Betsy Lehman
... died Dec. 3

A pathologist who did an autopsy did not spot the overdose. He also found no visible signs of cancer in her body.

The other patient was a 52-

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FIRST, DO NO HARM

TO ERR IS HUMAN
BUILDING A SAFER HEALTH SYSTEM
INSTITUTE OF MEDICINE

PREVENTING MEDICATION ERRORS

QUALITY CHASM SERIES
INSTITUTE OF MEDICINE
OF THE NATIONAL ACADEMIES

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Potassium chloride concentrate

- USP container label requirements
 - Nomenclature includes “for injection concentrate”
- Storage of concentrated electrolytes in clinical areas not permitted by Joint Commission



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Wrong spinal drug fatal to 3-year-old boy with Down syndrome

HARRISBURG (AP) — A 3-year-old Middletown boy with Down syndrome died at Dauphin County Medical Center after a second-year resident accidentally injected a toxic drug into his spinal canal, according to the Patriot-News.

Dr. Michelle Reilly was never disciplined for the mistake, which the Dauphin County Coroner's office concluded was responsible for the death of Michael Lee Sosnoskie.

The accident happened on March 2 when Reilly was instructed to administer one drug into Michael's spinal canal and inject a second intravenously to fight leukemia.

She picked up vincristine, which was supposed to be used intravenously, and injected it into Michael's spinal canal, medical records show. Vincristine is fatal if administered into the spinal canal, medical guides warn.

Reilly, who is training to become a pediatrician, and a registered nurse with 11 months experience were the only medical personnel in the treatment room at the time.

Virginia to be near her husband. She left ... two weeks ago and now works at Georgetown University Hospital in Washington, D.C.

Michael's parents are angry and want Reilly's license revoked.

"I think Michael deserves a little bit of his justice," said the boy's father, Leon Sosnoskie, a legal assistant with the state Agriculture Department.

The state Board of Osteopathic Medicine, which licenses and regulates osteopathic physicians such as Reilly, was not notified about the accident. By law, hospitals are required to inform the board only if they discipline a doctor.

Rohrer defended Reilly and the hospital's handling of the incident. "She was a very good resident, one of our better residents, and was felt to be competent to do this," he said.

"In terms of disciplinary action, what more disciplinary action can you have in that she has to live with



Harrisburg PA - 1989

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Vincristine



ISMP strongly recommends against dispensing and administering intravenous Vincristine in a syringe.



ISMP strongly recommends dispensing and administering intravenous Vincristine in a minibag.

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Methotrexate

- Prescribing and dispensing alerts for providers
- Calendar/blister pack
 - Day of week marked
- Labeling weekly only for non-cancer diagnosis
 - No splitting of week (e.g., q12h x 3 doses)
 - Warning for patient on label and in labeling
- Patient weekly dosing info on container
- Dispense safety checklist (ISMP)



The above image illustrates an error with methotrexate. The doctor wrote for the patient to take 4 tablets weekly. But the pharmacy instructed the patient to take 4 tablets daily.



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Improvements to container labels by industry



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Vitalis Company, Colombia



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Harmonizing Safe Medication Container Labeling and Packaging

Create a minimum set of best practices for labeling and packaging aimed at reducing medication errors

- On June 19 and 20, 2018, at the US Food and Drug Administration (FDA) campus in MD, created a minimum set of best practices for labeling and packaging aimed at reducing medication errors.
- Participants agreed that guidelines are needed regarding the presentation of critical label information to deal with look-alike labels, noting that logos and highly stylized graphics detract from readability of the label.



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Principles agreed upon by global regulators at FDA-IMSN summit

- Use metric units for products, and eliminate ratio expressions
- Eliminate potentially error-prone abbreviations and dose designations on labels, such as U for units, IU for international units, or trailing zeros (e.g., 1.0) to express strength
- Prominently display cautionary statements on carton and immediate container labels of neuromuscular blockers, potassium chloride concentrate injection, methotrexate, and other selected error-prone medications
- Include both the per mL and the per container quantity, not the per mL quantity alone, when presenting the concentration for injectables



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Principles agreed upon by global regulators at FDA-IMSN summit

- Use contrasting label backgrounds for the printing on glass ampules, and recommend font size and label orientation, to improve readability
- Physically link or integrate diluents with drugs/vaccines that are powders
- Increase the adoption of ready-to-use/ready-to-administer syringes, premixed IV solutions, unit-dose packaging, and other more efficient, safer packaging, while considering the overall cost of implementation
- Develop product-specific world safety standards; for example, standard packaging for non-oncologic methotrexate to prevent accidental daily use and overdoses
- Include barcodes on packages so they can be scanned at the bedside or other locations where medications are dispensed or administered by healthcare providers

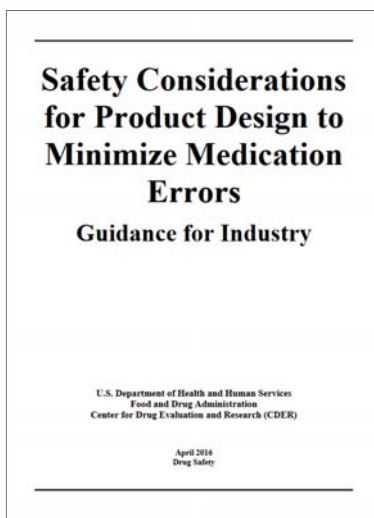


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Improvements in container labeling and packaging

Published FDA guidance for industry

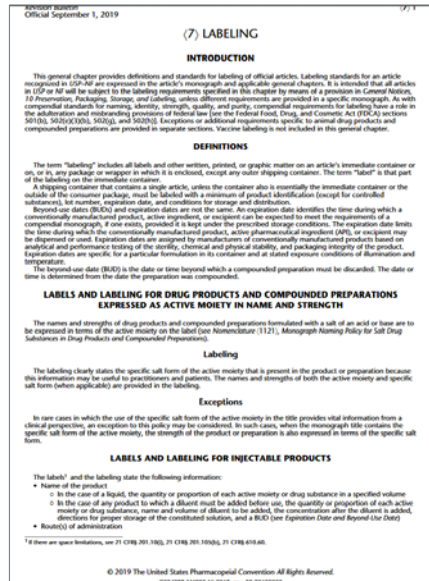


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USP Standards



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Standards changed to improve safety



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The diagram illustrates the redesign of medication packaging for Bloxiverz and Vazculep. On the left, the original boxes are shown. A blue arrow points to the right, where the redesigned labels are displayed. The redesigns are more compact and use color-coding (red for Bloxiverz, yellow for Vazculep) to distinguish the products and highlight key information like concentration and volume.

Bloxiverz®
(Neostigmine Methylsulfate Injection, USP)
10 mg/10 mL (1 mg/mL)
For Intravenous Use
10 mL Multiple-Dose Vial
Rx Only

Vazculep™
(Phenylephrine HCl Injection, USP)
50 mg/5 mL (10 mg/mL)
5 mL Vial For Intravenous Use
Pharmacy Bulk Package
Not for Direct Infusion
Must Be Diluted
Protect from light.
Store in carton until time of use.

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Medication Safety Board
A subsidiary of the Institute for Safe Medication Practices

Home Services About Us Contact Us

Your Trusted Partner in Preventing Product-Related Medication Errors
Through Package and Label Design, to the Medication/Device Interface, to Risk Assessment Services and Beyond

[Learn More About Our Services](#)

<https://www.medicationsafetyboard.com/>

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National Medication Error Reporting System



- Early warning system
 - Issue nationwide hazard alerts and press releases
- Learning
 - Dissemination of information and tools
- Change
 - Product nomenclature, labeling, and packaging changes, device design, practice issues
- Standards and Guidelines
 - Advocates for national standards and guidelines

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Where does ISMP get its information?



MERP: National Medication Errors Reporting Program
VERP: National Vaccine Errors Reporting Program
IMSN: International Medication Safety Network

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Medication error case reports

- FDA has Memorandum of Understanding (MOU) agreement with ISMP to share publicly available medication error information
- FDA and ISMP hold regular monthly meetings to discuss regulated product issues. We meet in person twice annually.



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ISMP relationship with the U.S. Food and Drug Administration (FDA)

- Discuss regulated product issues
 - Nomenclature
 - Labeling, packaging
 - Relationship between medication and medical device
- FDA Advise-ERR publications
- ISMP and FDA share fellowship program
- FDA guidance statements based in part on ISMP reporting program findings



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Process when hazard or error reported to ISMP – Every report is indispensable!



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Provider error reporting programs

- Narrative information driven by provider and/or consumer altruism
- A key to success globally
- Always confidential, can be legally shielded from discovery if requested
- Interact with regulators, standards organizations, accreditors, professional organizations, pharmacovigilance agencies



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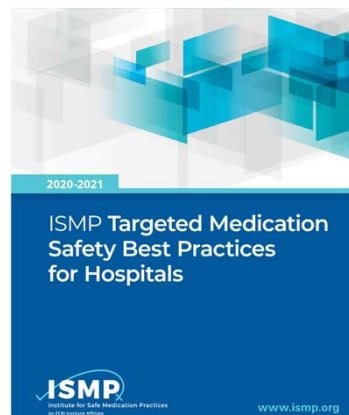
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Targeted Medication Safety Best Practices for Hospitals

Purpose: Inspire widespread adoption of consensus-based best practices on specific error-related issues that continue to harm patients and/or cause death.

- Revised every two years since 2014
- Hospitals and health systems can focus their medication safety efforts on these Best Practices, which are realistic and have been successfully adopted by numerous organizations.
- While targeted for the hospital-based setting, some Best Practices are applicable to other healthcare settings.



<https://ismp.org/guidelines/best-practices-hospitals>

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2020-2021 Targeted Medication Safety Best Practices

Purpose: inspire widespread adoption of consensus-based best practices on specific error-related issues that continue to harm patients and/or cause death

► Primary target areas:

- IV vincristine
- Oral methotrexate
- Patient weights in metric units
- Neuromuscular blocking agents
- High alert drug via smart pumps
- Availability of antidotes and rescue agents
- Use of oral syringes
- Oral liquid dosing devices
- Glacial acetic acid
- Eliminate liter bags of sterile water
- Use of technology for IV admixture compounding
- Being proactive by using information about errors happening elsewhere
- Eliminate promethazine
- Verify and document a patient's opioid status and level of pain
- Limit variety of medications for removal using the override function.

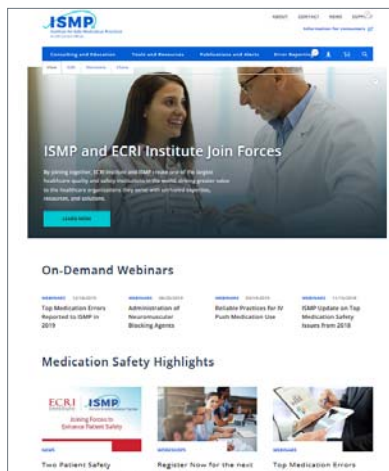


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ISMP Websites



www.ismp.org



www.medsafetyofficer.org



www.consumermedsafety.org



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Drug Name Mix-ups



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Look-alike and Sound-alike Drug Names

Begin Foradil + BID
Lasix 20mg po qd

Cumulin 4 mg po qd

Insulin 36 units
q day

Zyprexa 10.1 90% qd

Omeprazole 20mg po bid take with food



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Preventing drug name mix-ups

- Drug name development
 - Published FDA guidance for industry
 - FDA premarket screening
 - Phonetic and orthographic computer analysis (POCA)
 - Simulation review by internal staff
 - Expert analysis and summary in conjunction with New Drug Application (NDA)
 - Use of “Tall Man” letters (metronIDAZOLE 500 mg vs. metFORMIN 500 mg)
 - Important new issue is first few letter characters and similar strengths
 - Indication-based prescribing
- Premarket practitioner testing
- Role of trademark testing firms and premarket testing of labeling & packaging

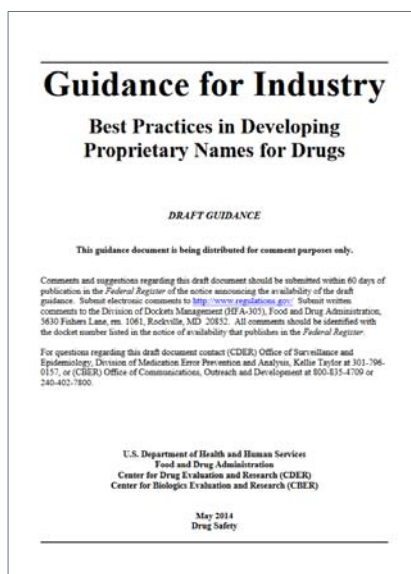


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FDA Guidance Statements

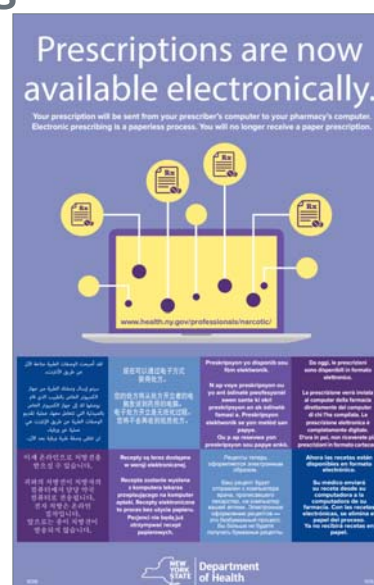


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Adoption of safety technologies

- Elimination of handwritten prescriptions
 - NY State Rule
 - More than 90% of US Hospitals e-Prescribe
 - More than 90% of Pharmacies accept e-Prescribing
 - More than 80% doctor offices have available e-prescribing
 - Many states require for controlled drugs
- Screen selection errors have increased due to typing first few letter characters and getting similar names on screen



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Adoption of safety technologies

- FDA regulations require that certain human drug and biological product labels contain a **bar code** consisting of, at a minimum, the National Drug Code (NDC) number (21 CFR 201.25).
- Bedside bar code scanning (drug and patient)
- Community pharmacy bar coding, screen imaging, DUR, adjudication of Rx, etc.



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Adoption of safety technologies

- “Smart” infusion pumps in hospitals



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Automated dispensing cabinets

- Limitations imposed when removing medications on override



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IV workflow systems (imaging, scanning, weighing, of compounded sterile products, etc.)



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Sterile compounding safety

- Technology solutions (e.g., systems that include barcode scanning verification of ingredients, gravimetric verification of drug and diluent volumes, and/or robotic image recognition) are utilized to augment manual processes for preparing and verifying CSPs.
- Barcode scanning is linked to the patient specific order to identify products used in the preparation of CSPs.
- ISMP guidelines call for both bar coding and gravimetrics to be used when preparing chemotherapy and, ideally, for pediatric CSPs (several semiautomated-manual systems and highly automated robotic systems utilize bar coding and gravimetrics).



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Prefilled premixed ready to use

- Too many nurses and anesthesia personnel still must prepare their own doses, thus risking error
- Some compounding by pharmacy could be eliminated by use of ready to use products



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ISMP Guidance

ISMP guidelines, ISMP self assessments, ISMP safe practice lists (look-alike drugs, tall man letters, safe electronic communication, etc.)

The collage displays several ISMP guidance documents. On the left, the 'ISMP List of High-Alert Medications in Community/Ambulatory Care' is shown. In the center, the 'ISMP List of Confused Drug Names' features a table with columns for drug names, manufacturers, and reasons for confusion. To the right, the 'ISMP List of High-Alert Medications in Acute Care Settings' is visible. On the far right, the 'FDA and ISMP Lists of Names with Recommended Tall Man Letters' is shown, providing a table of drug names and their recommended tall man lettering.

<https://ismp.org/resources>

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Medication Safety Guidelines

Most guidelines are driven by multi-disciplinary summits that include a review of the literature, assessment of reported errors, and input from experts. Final statements are developed by consensus decision making.

The collage displays four ISMP medication safety guidelines. On the left, the 'ISMP Guidelines for Safe Preparation of Compounded Sterile Preparations' is shown. In the center, the 'Guidelines for the Safe Use of Automated Dispensing Cabinets' is visible. To the right, the 'ISMP Guidelines for Optimizing Safe Subcutaneous Insulin Use in Adults' is shown. On the far right, the 'Guidelines for Optimizing Safe Implementation and Use of Smart Infusion Pumps' is visible.

<https://www.ismp.org/guidelines>

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New standards to prevention catheter misconnections

- ENFit
- NRFit



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Emphasis on safety in healthcare

- Improvements in safety culture
 - Problems now addressed as “system issues” vs. “people issues”
- Safety committees in hospitals
- Medication safety officers



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More efforts to educate patients about safe medication use

Medication Safety Tools

Text Size: A A A | Facebook Twitter YouTube

High-Alert Medications

> Warfarin (Coumadin)	> Oxycodone with Acetaminophen (Percocet, Roxioet)
> Lovenox (enoxaparin)	> Apidra (insulin glisiline)
> Methotrexate (Rheumatrex, Trexal)	> Humalog (insulin lispro)
> Fentanyl Patch (Duragesic)	> Lantus (insulin glargine)
> Hydrocodone with Acetaminophen (Vicodin, Lorcet)	> Levemir (insulin detemir)
	> NovoLog (insulin aspart)

High-Alert Medications- Version en español

> Warfarina	> Oxiconona con acetaminofen
> Enoxaparina	> Humalog (insulina lispro)
> Parches de Fentanilo	> NovoLog (insulina aspart)
> Metotrexato	> Lantus (insulina glargina)
> Hidrocodona con Acetaminofen	> Apidra (insulina glisilina)
	> Levemir (insulina detemir)

Read this important information before using:

Fentanyl Patches

Always use only the patches for the medication you are prescribed.

[Extra care is needed because fentanyl is a high-alert medication.]

High-alert medications have been proven to be safe and effective, but these medications can cause serious injury if a mistake happens while taking them. This means that it is very important for you to know about this medicine and take it exactly as directed.

Before you use the patches

- Use for chronic pain only. Fentanyl patches should ONLY be used to treat long-term pain by people who have previously taken high doses of prescription pain medicine (opioids) for 7 or more days without relief. Otherwise, this medicine can cause serious breathing problems.
- Use intact patches. Never cut the patches or use damaged patches. Patches should result in an overdose.
- Avoid broken skin. Apply patches only on unbroken skin without cuts or sores.

When picking up the prescription

- Talk to your pharmacist. Tell your pharmacist the type of pain you are experiencing and any other pain medicines you have been taking and for how long.

While wearing a fentanyl patch

- Follow directions. Use the patches exactly as directed to prevent serious side effects. Don't use more patches than prescribed. Tear off the old patch before applying a new patch.
- Don't swim your patches. While wearing a fentanyl patch, don't expose the site to heat sources such as a heating pad, electric blanket, sauna, hot tub, heated waterbed, excessive sun exposure, or hot climate. Also, avoid tight coverings over the patch and strenuous exercise, which can heat the body. The body absorbs too much medicine with excessive heat.
- Take care around children. Don't let children see you apply a patch. Don't apply the patch where children can see it or areas with frequent movement. Used patches off contain medicine, so check often that the patch has not fallen off, especially after exercising, bathing, and sleeping. Consider taping the patch to your skin so it doesn't come off your body. Children have found patches that have fallen off or removed patches on sleeping adults and put them in their mouths or on their bodies with deadly results. If a patch is chewed, sucked on, or ingested, seek immediate medical attention.
- Report signs of an overdose. Signs of an overdose include trouble breathing, shallow or very slow breathing, extreme drowsiness, inability to stand, talk, or walk normally, and feeling hot, dizzy or confused.

Storing and discarding the patches

- Store patches safely. Keep new patches far away from the reach or discovery of children. Don't let children see you apply patches or cut them into pieces, halves, or quarters. This could attract children and encourage them to imitate your actions.
- Dispose of patches safely. Patches should not be used or removed patches by folding the sticky sides together and flushing them down the toilet. Some of the medicine remains in the patch after use, which could harm others who come into contact with it. The US Food and Drug Administration recommends flushing patches to quickly and effectively make sure a child or pet can't get to them and be harmed by the leftover medicine.

Don't use fentanyl patches to treat short-term pain after surgery!

Fentanyl patches should ONLY be used by people with long-term chronic pain who have been taking high doses of prescription pain medicine (opioids) for 7 or more days without relief. Otherwise, the medicine can cause you to breathe too slowly or stop breathing.

For more information to help keep you safe, visit: www.consumermedsafety.org



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Where should further efforts be directed to improve medication use safety?

- Reduced reliance on nurses and anesthesiologists to prepare medication doses
- Greater availability of premixed IV medication solutions in flexible containers
- Greater availability and use of prefilled, ready to use medication syringes
- Availability of container bar code or radiofrequency identification (RFID)
 - For use by pharmacists in sterile and nonsterile compounding, product inventory and storage, and product dispensing
 - For unit dose packaging or patient packs so medications can be scanned at point of care
- Manufacturer adherence to guidelines established by global regulators and the International Medication Safety Network



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Where should further efforts be directed to improve medication use safety?

- Creation of independent, voluntary provider error reporting programs that focus less on data than learning what went wrong and what needs to be done to prevent problems in the future
- Increased cooperation between independent provider error reporting programs, regulators, standards organizations, accreditors
- Increased cooperation between manufacturers and independent provider reporting programs
- Mandated patient education regarding information needed for safe use of certain identified high alert drugs



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ISMP greatly appreciates
Novartis Pharmaceuticals Corporation
Name Creation & Regulatory Strategy
for support for this program



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